

# ILCA SPRING 2025

Welcome to the world of highperformance sailing, you will emerge as confident, skilled, and accomplished sailors, ready to set sail towards success.

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# Prerequisite:

If you have previously participated in Optimist sailing competitions and have experience racing in this class, you are well-suited to be a part of our highperformance ILCA team. Your familiarity with the Optimist class will serve as a solid foundation as you transition into the world of high-performance sailing.

#### Practice Times:

Wednesdays and Thursdays from 3:30 pm to 6:30 pm Saturdays and Sundays from 9:00 am to 4:00 pm

## Spring Program Dates:

First day of spring program: 11 January 2025 Saturday Last day of spring program: 11 May 2025 Sunday

#### Program Fees:

Member: \$ 1606 Non-member: \$ 2404 (Including regatta coaching fees for chosen TSA events.)

#### ILCA Partial Enrollment:

(1 day per weekend practice)Program Fees:Member: \$1256Non-Member: \$1800(Including regatta coaching fees for chosen TSA events.)

### Program Details:

With a focus on fine-tuning racing techniques, mastering boat handling skills, and implementing advanced strategies, our high-performance sailing coaching empowers participants to excel in competitive sailing events. Through personalized instruction and detailed feedback, our coaches ensure that every sailor receives the support and resources necessary to thrive in the ILCA Fleet. Expected to compete in both TSA events and ILCA NA events. Sailors must have their own boats.

#### TSA Regatta Calendar

Ragnot Regatta February 22 - 23 Houston Yacht Club

Road Runner Regatta March 29 - 30, 2025 Austin Yacht Club

TSA Grapevine Regatta May 03 - 04, 2025 Grapevine Sailing Club

- \* There will be no practices during the week of Keels & Wheels (May 03 04).
- \* Additional information regarding training can be found in our Training Policy.