



LEARN TO SAIL SPRING 2025

Welcome to the first step of world of high-performance sailing, you will emerge as confident, skilled, and accomplished sailors, ready to set sail towards success.

Prerequisite:

No experience required.

Program Details:

The curriculum includes sailing and trimming at different points of sail, rigging, and unrigging, and having fun in boats.

Age groups: 6 - 12 years of age

Boats: Optimist boats will be used for the "Learn to Sail" program. Boats will be provided by the Lakewood Yacht Club.

Practice Times:

Saturdays and Sundays from 9:30 am to 11:30 am

Spring Program Dates:

First day of spring program: 08 March 2025 Saturday

Last day of spring program: 11 May 2025 Sunday

Program Fees:

Member: \$ 371

Non-member: \$ 516

Course Materials:

Appropriate buoyancy aid

Sea shorts

UV-protected lycra t-shirt

Neoprene suit (Optional)

Sea shoes (plastic sole – easy dry)

Swimsuit

Hat

Suncream

Towel

Spare dry apparel

Water bottle

Sunglasses (optional)

Safety:

All sailors must wear buoyancy aid during all times they are at the seaside. Our facility is a private sailing facility that is sheltered and closed for the outer entrance. All operational action plans from risk analysis to emergency plans are made and we are ready for every kind of scenario with our knowledge.

* There will be no practices during the week of Keels & Wheels (May 03 - 04).

* Additional information regarding training can be found in our Training Policy.