

<u>Prerequisite:</u>

If you have previously participated in Optimist sailing competitions and have experience racing in this class, you are well-suited to be a part of our high-performance ILCA team. Your familiarity with the Optimist class will serve as a solid foundation as you transition into the world of high-performance sailing.

### Practice Times:

Wednesdays and Thursdays from 3:30 pm to 6:30 pm Saturdays and Sundays from 9:00 am to 4:00 pm

## Fall Program Dates:

First day of fall program: 24 August 2024 Saturday
Last day of fall program: 15 December 2024 Sunday

#### Program Fees:

Member: \$ 1460 Non-member: \$ 2185

(Including regatta coaching fees for chosen TSA events.)

### ILCA Partial Enrollment:

(1 day per weekend practice)

Program Fees: Member: \$1092 Non-Member: \$1565

(Including regatta coaching fees for chosen TSA events.)

# <u>Program Details:</u>

With a focus on fine-tuning racing techniques, mastering boat handling skills, and implementing advanced strategies, our high-performance sailing coaching empowers participants to excel in competitive sailing events. Through personalized instruction and detailed feedback, our coaches ensure that every sailor receives the support and resources necessary to thrive in the ILCA Fleet. Expected to compete in both TSA events and ILCA NA events. Sailors must have their own boats.

## TSA Regatta Calendar

TSA Changes in L'Attitude Regatta August 24 - 25, 2024 Corpus Christi Yacht Club

#### **TYRW**

August 31 - September 02, 2024 Houston Yacht Club

Pirates of the Corinthian Regatta October 12-13, 2024 Dallas Corinthian Yacht Club

Jr. Ol'Man of the Sea November 16-17, 2024 Fort Worth Boat Club

- \* Practices will not be held the week of Thanksgiving (Nov 25 29).
- \* Additional information regarding training can be found in our Training Policy.